

PROGRAM RESEARCHERS DAY 2026

Lessons in Resilience: A Ukrainian Perspective

12.00-13.00 UUR Networking lunch (optional)

13.00-13.10 UUR Welcome address by the Chair of the Dutch
Veteran Healthcare System
Pieter Hakvoort

13.10-13.15 UUR Opening by the Moderator
Hester van Trommel

13.15-13.40 UUR How to stay resilient amid constant flux and traumatizing
change: A Ukrainian perspective.
Anna Nechai

13.40-14.00 UUR Ukraine's parliamentary and institutional approach
to veteran policy and its implementation
Lesia Vaolevska

14.00-14.30 UUR The Power of Faith in Ukraine [De kracht van het
geloof in Oekraïne]
Peter Peelen

14.30-15.30 UUR **Coffee Break & Poster Presentations**

15.30-16.20 UUR Interactive session about implications keynotes
Hester van Trommel

16.20-16.30 UUR Closing Remarks
Hester van Trommel

16.30-17.30 UUR **Informal Networking Reception**

ROUND 1 POSTERPITCH PRESENTATIONS 14.55-15.10

Zaal 1	Mariejean Albers	Sinai Centre	REFRESH: Psychological treatments for trauma-related emotion regulation problems in veterans: A systematic review and meta-analysis
Zaal 5	Rick de Haart	GGZ Drenthe Traumacentrum	Feasibility of Virtual Reality EMDR in Veterans with PTSD: A Pilot Study
Zaal 8	Romy Glasmacher	Dutch Veterans Institute	The perceived benefits of military service among Dutch post-service veterans
Zaal 9	Karlijn Hendriks	Centre of Expertise for Military Mental Health Care (MGGZ)	The BEATS study: A RCT to enhance the treatment of anxiety and trauma-related disorders in military personnel using non-invasive brain stimulation: study design and baseline results

ROUND 2 POSTERPITCH PRESENTATIONS 15.10-15.25

Zaal 1	Ilse de Lange	Utrecht University Faculty of Veterinary Medicine	The effects of assistance dogs on veterans with PTSD and their partners
Zaal 8	Rosanne van Beilen-van Tintelen	Office of the Inspector General of the Armed Forces	The Home Front: An essential stakeholder in military well-being and readiness
Zaal 9	Remco van Zijderveld	Centre of Expertise for Military Mental Health Care (MGGZ)	A RCT of Cannabidiol in Military Personnel with Anxiety Symptoms